

Healthy Schools Initiative

DUE: OCTOBER 31, 2018

About the Healthy Schools Grants

As part of the Healthy Schools Initiative, school divisions receive the Health School Grant (HSG) to support their Healthy Schools plans and priorities. It is available to support school divisions and schools as they work together with their community partners (including local regional health authorities) to build healthy school communities. School division funding is calculated as \$5,000.00 + \$2.06 per student in the division. The HSG can be used for divisional initiatives, school-based initiatives, or a mix of both. Activities are planned and implemented based on the needs identified within the school community and align with the priority health topics of Healthy Schools (healthy eating, mental health promotion, physical activity, safety and injury prevention, sexual health, and substance abuse and addictions).

Consider encouraging your schools to use the *Healthy School Planner* to assess the overall state of their environment and build a plan for improving the health of the school. This free, online tool also allows schools to further explore one or more specific topics such as healthy eating, physical activity, positive mental health, and tobacco use. The enclosed handout provides more information about the Healthy School Planner, which can be accessed from the Healthy Schools website. Schools and divisions are encouraged to use results from surveillance tools such as the *Youth Health Survey*, or *Tell Them From Me* to facilitate evidence-informed decision making. More information is available at <http://www.gov.mb.ca/healthyschools/hsgrant/index.html>.

Guidelines for Completing and Submitting the HSG Report

This report gives an account of Healthy Schools activities from the 2017-18 school year and is required for the school division to receive the HSG for the 2017-18 school year. It is an annual report which is due October 31 each year. The following sections must be completed in full and submitted to the Healthy Schools Initiative:

1. **Identification**
2. **Planning Process**
3. **Financials**
4. **Outcomes**
5. **Comprehensive School Health**
6. **Successes and Challenges**

There are 4 ways the HSG Report can be completed and submitted:

1. **Online** – complete the online report form at <http://www.gov.mb.ca/healthyschools/hsgrant/index.html>. It will automatically submit and a summary of your information will be emailed to you.
2. **Email** – complete the report in “word document” format OR complete and scan, then email it to healthyschools@gov.mb.ca
3. **Fax** – complete the report and fax it to 204-948-4748
4. **Mail** – complete the report and mail a hard copy to the Healthy Schools Initiative (4089-300 Carlton Street, Winnipeg MB R3B 3M9). Please keep a copy for your records before mailing.

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1. IDENTIFICATION

School Division:	Superintendent:	Superintendent Email:
HSG Contact Person:	Position:	Email:
RHA(s) where School Division resides:		

2. PLANNING PROCESS

List your school division's strategic priorities:	
Does your school division have a Healthy Schools Committee? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, who is it comprised of?
Do the schools in your division have Healthy Schools Committees? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Some <input type="checkbox"/> Not sure	
Do schools in your school division use the Healthy School Planner to assess and plan for Healthy Schools activities? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Some <input type="checkbox"/> Not sure	
Fully describe your planning process for the HSG:	

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3. FINANCIALS

Using the table below provide an overview of how the HSG was used. If there were surplus funds from the Healthy Schools Grant remaining, please indicate how they will be spent.

TOTAL 2017-2018 HSG FUNDING	HEALTHY SCHOOLS GRANT ALLOCATION Provide a breakdown of the total funds (note: this column should equal the total HSG received).	HEALTHY SCHOOLS ACTIVITIES – ACTIVITY TITLE List the project title of your Healthy Schools activities
\$	\$	1.
\$	\$	2.
\$	\$	3.
\$	\$	4.
\$	\$	5.

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4. OUTCOMES

TITLE # (from section 3)	ACTIVITY DESCRIPTION AND GOALS Describe the activity, measurable goals, and if it was a division-based, school-based, or hybrid activity. If the activity includes multiple health topics, please describe below.	TARGET Indicate which members of the school community were engaged.	PRIORITY HEALTH TOPIC(S) Please check the main priority health topic	EVIDENCE Check all applicable evidence that informed the decision-making for the activity.	OUTCOMES/RESULTS Approximately how many students participated in the activity?
1.			<input type="checkbox"/> Mental health promotion <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical activity <input type="checkbox"/> Safety and injury prevention <input type="checkbox"/> Sexual & reproductive health <input type="checkbox"/> Substance abuse & addictions	<input type="checkbox"/> Healthy School Planner <input type="checkbox"/> Tell Them From Me <input type="checkbox"/> Youth Health Survey <input type="checkbox"/> Anecdotal <input type="checkbox"/> N/A <input type="checkbox"/> Other? Specify:	
2.			<input type="checkbox"/> Mental health promotion <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical activity <input type="checkbox"/> Safety and injury prevention <input type="checkbox"/> Sexual & reproductive health <input type="checkbox"/> Substance abuse & addictions	<input type="checkbox"/> Healthy School Planner <input type="checkbox"/> Tell Them From Me <input type="checkbox"/> Youth Health Survey <input type="checkbox"/> Anecdotal <input type="checkbox"/> N/A <input type="checkbox"/> Other? Specify:	
3.			<input type="checkbox"/> Mental health promotion <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical activity <input type="checkbox"/> Safety and injury prevention <input type="checkbox"/> Sexual & reproductive health <input type="checkbox"/> Substance abuse & addictions	<input type="checkbox"/> Healthy School Planner <input type="checkbox"/> Tell Them From Me <input type="checkbox"/> Youth Health Survey <input type="checkbox"/> Anecdotal <input type="checkbox"/> N/A <input type="checkbox"/> Other? Specify:	
4.			<input type="checkbox"/> Mental health promotion <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical activity <input type="checkbox"/> Safety and injury prevention <input type="checkbox"/> Sexual & reproductive health <input type="checkbox"/> Substance abuse & addictions	<input type="checkbox"/> Healthy School Planner <input type="checkbox"/> Tell Them From Me <input type="checkbox"/> Youth Health Survey <input type="checkbox"/> Anecdotal <input type="checkbox"/> N/A <input type="checkbox"/> Other? Specify:	
5.			<input type="checkbox"/> Mental health promotion <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical activity <input type="checkbox"/> Safety and injury prevention <input type="checkbox"/> Sexual & reproductive health <input type="checkbox"/> Substance abuse & addictions	<input type="checkbox"/> Healthy School Planner <input type="checkbox"/> Tell Them From Me <input type="checkbox"/> Youth Health Survey <input type="checkbox"/> Anecdotal <input type="checkbox"/> N/A <input type="checkbox"/> Other? Specify:	



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5. COMPREHENSIVE SCHOOL HEALTH

Healthy Schools is rooted in *comprehensive school health* (CSH) which is an internationally recognized framework for supporting improvements in students’ educational outcomes while addressing school health in a planned, integrated, and holistic way. See attached “What is Comprehensive School Health” document for background information.

ACTIVITY #	DESCRIBE HOW YOUR ACTIVITIES CONSIDERED/COMPLEMENTED/ADDRESSED THE CSH FRAMEWORK PILLARS:			
	TEACHING & LEARNING (e.g. how do your activities support what is taught through curriculum?)	HEALTHY SCHOOL POLICY (e.g. how do your activities align with various healthy school policies?)	PARTNERSHIPS & SERVICES (e.g. how do your activities engage parents, community organizations, and volunteers to support your efforts?)	SOCIAL & PHYSICAL ENVIRONMENT (e.g. how do your activities support the creation of a safe, welcoming, and health promoting environment?)
1.				
2.				
3.				
4.				
5.				

Direct inquires about reports to: Jennifer Wood, Healthy Schools Initiative
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Phone: 204-788-6369
4089-300 Carlton Street
Winnipeg, Manitoba R3B 3M9